

1 Create a Game

Learn about the topic and share your learning by presenting the information in a fun way for others. You could make a board game, an app or a quiz and give copies to your local schools or youth groups.

2 Make issue-based art

Develop your ideas about the subject into visual art and hold an exhibition to share your work. You could make anything from drawings and paintings to clay sculptures.

3 Wear it and share it

Design logos, information and campaign merchandise for everything from leaflets to football strips. Whether you are wearing it on the pitch, or simply a walking group, these are great ways to get people talking.

4 Write a song

Make a band or brainstorm lyrics with your friends to get your message across. If singing isn't your thing, you could try creating a rap or writing poems. Perform them for an audience or make a recording.

5 Shoot a film

Turn your song into a music video. Alternatively, create an animation, a public information style advertisement, or even a short film. A good starting place could be creating a storyboard of your ideas in the form of a comic strip or sketches.

6 Go viral

Share your creations online to show off your skills and share your message. You could even work with your group to create purely digital content such as memes to upload on social media.

WIN WIN!

From what I've learned, I'm definitely never smoking when I'm an adult
Brooke, 12

Since our campaign, our parents have stopped smoking whilst watching us play - Bayside Girls FC

I wish there had been a campaign like this when I was younger - I might not have smoked - Arriana, 16

Build a board game like Glenrothes Youth Forum

Create ceramics like Forgan Arts Centre

Write and record a song like Cupar Youth Café

Have a tobacco free football initiative like Bayside Girls FC

Create social media memes like Heart & Sound in Dunfermline

Shoot a film like Kirkcaldy 16+ or Cowdenbeath Media Crew

Create a stop motion animation like Glenrothes Scouts

Have a walking group like Fife Young Carers

Creative ways to approach health issues with young people in Fife

The above are all examples of projects which were funded in 2018 by the 'Prevent' Project in Fife. Young people from 10 different youth groups were involved in various workshops, information sessions and discussions.

In addition to the 200 young people who directly participated in these projects, messages the young people were conveying also reached over 600 people through exhibitions, leaflets, performances, parent, family and staff involvement. The combined reach of these projects on social media exceeded over 7000. 30% of the total funding granted went towards equipment which the young people could use to continue their work on projects of this nature.