

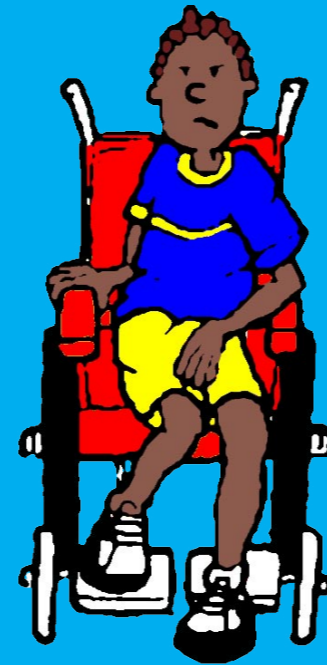


*Our gentle approach  
helps children & adults to  
learn to lie straight, improving  
health and function  
during the day*

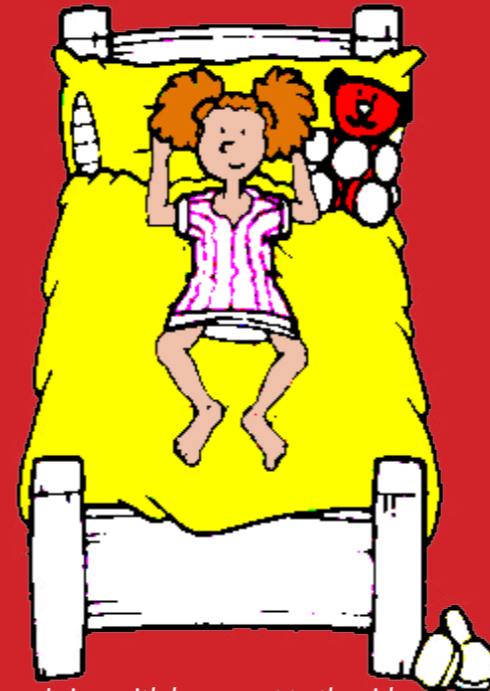
**SYMMETRI**  
**Kit**



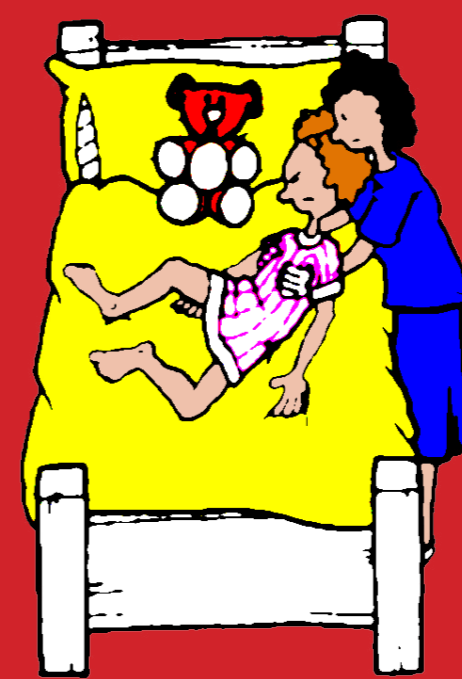
*Lying with legs to one side...*



*...makes it hard to sit straight.*



*Lying with knees out to the side...*



*...makes it a problem to bend in the morning.*



*Lying with knees together...*



*...makes it hard to sit and stand.*

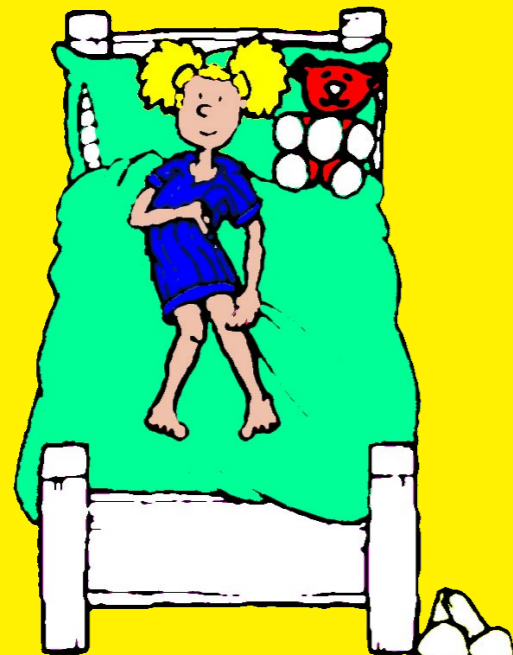
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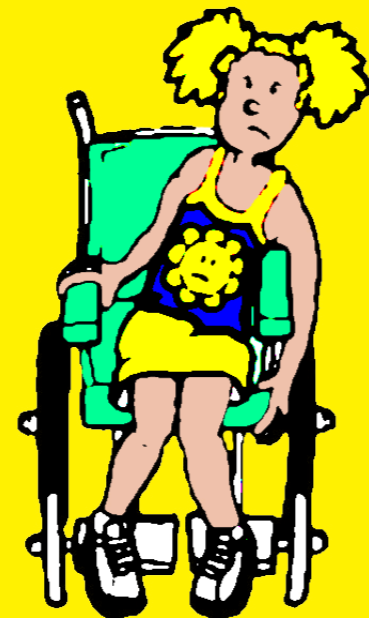
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**SYMMETRI**  
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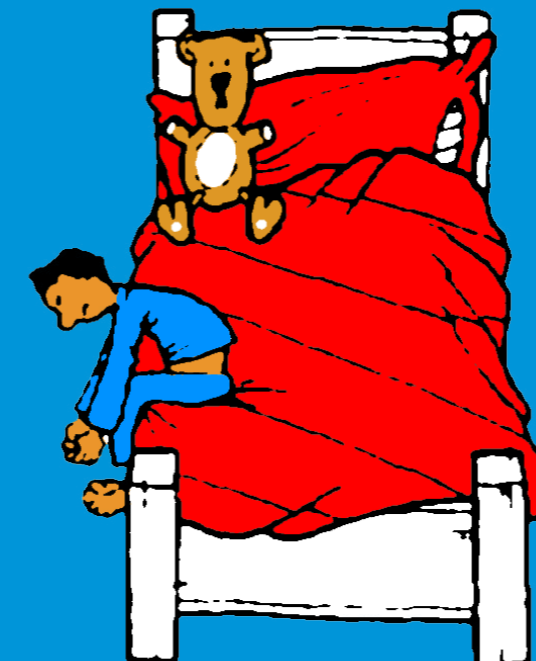
Lying with a bent back...



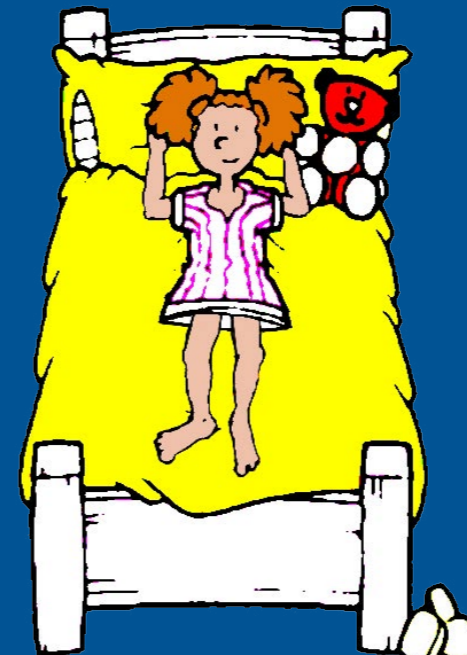
...makes it difficult to sit straight in the day.



Lying curled up at night...



...makes it hard to sit up during the day.



Lying straight helps you:

**Sit Straight**  
**Stand Straight**  
**Grow Straight**

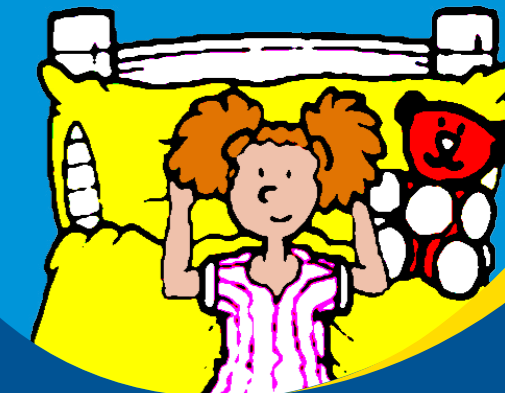
**SYMMETRISleep™**

Support and control in lying

**SYMMETRI**  
**Kit**

**A rough guide  
to lying straight**

Lying 'squint' can cause problems



**SYMMETRI**  
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