

National Helplines:

There are many organisations providing information, support and advice free of charge. These include:

AsbestosAction - Tel : 01382 225715
www.asbestosactiontayside.org.uk

Fife Carers Centre - Tel : 01592 205472
www.centre@fifecarers.co.uk

Fife Social Work Department - Tel : 03451 551503

MacMillan Cancer Support - Tel : 0808 808 0000
www.macmillan.org.uk

MacMillan Fife Welfare Benefits Partnership -
Tel : 0345 1400 091

NHS FIFE Smoking Cessation - Tel : 0800 025 3000

SCAN Cancer Information Network
www.scan.scot.nhs.uk

The Roy Castle Lung Cancer Foundation -
Tel: 0800 358 7200
www.roycastle.org



CLINICAL NURSE SPECIALIST

CAROL CONNOLLY- 01592 643355 ex. 28553
carol.connolly@nhs.net
Monday - Thursday (08:00 - 17:00)

ANNE WILSON - 01592 643355 ex. 28552
annewilson1@nhs.net
Monday - Friday (08:00 - 16:00)

Information Leaflet

Introduction

The aim of this leaflet is to help you understand how the Clinical Nurse Specialist can support you.

What is the role of the Clinical Nurse Specialist?

The Nurse Specialist is an experienced nurse with specialist training who provides support and advice to people:

- who are undergoing investigations.
- who have a diagnosis of lung cancer or mesothelioma
- Who may have a relative who has lung cancer
- Who have questions or concerns about lung cancer

The nurse is a member of the team (called the multi-disciplinary team) involved with people undergoing investigations and/or people diagnosed with Lung Cancer or Mesothelioma. As your Key Worker the Clinical Nurse Specialist is responsible for co-ordinating your care, and can be contacted if you need advice/support.

Some areas where we may be able to help you include:

Symptom control

Helping you find the best way to manage problems you may have, such as difficulty breathing, coughing or pain, along side your GP and hospital team.

Explaining your illness and treatments

Answering your questions and providing you with as much information as you would like, so you can take part in discussions about your care if you wish to.

Emotional Support

Dealing with a diagnosis or potential diagnosis of cancer can be very difficult and raise many concerns. You may find it helpful to discuss how you are feeling and any concerns you may have with your Nurse Specialist.

Benefits Advice

Providing simple advice about benefits you may be able to claim, and helping with forms. If necessary the nurse can also put you in contact with a benefits advisor.

Practical help

We can liaise with healthcare teams to help assess your ability to manage at home.