



Chemotherapy explained

[Chemotherapy](#) is the use of anti-cancer (cytotoxic) drugs to destroy cancer cells. These drugs interfere with the way cancer cells grow and divide. They also affect normal cells. This causes side effects. Your cancer doctor and nurse will talk to you about the aims of your treatment.

Chemotherapy can be used along with other treatments or on its own.

The chemotherapy you have depends on your fitness and your specific lung cancer type.