

Energy Saving Tips

Not all energy saving measures are expensive and time consuming. Home Energy Scotland's "quick wins" will help cut energy waste and start saving money.

Take a look at Home Energy Scotland quick tips and see if you're saving as much energy as you could be.

- Fitting a thermostat can help maintain the temperature of a room, hot water cylinder or boiler while not wasting excess energy.
- Insulation keeps in the heat in your home and making sure your home is properly insulated is a great way to save energy, money and do your bit for the environment.
- Insulate your hot water tank to keep your water hot for longer. By insulating your hot and cold water pipes you can make sure your water runs at the right temperature more quickly.
- Wall insulation can really help keep the heat in your home – this can help to reduce your energy use for heating, which is great news for your bank balance and the environment.
- Wind whistling through the living room? Draught proofing is an easy and cost-effective way to reduce heat loss, with most materials available from DIY stores.
- Did you know that heat can also be lost through the floor? Insulating under the floorboards on your ground floor could save you about £110 a year in an average property, or up to £180 if you live in a detached house, and you can seal the gaps between floors and skirting boards to reduce draughts.
- Check the energy efficiency rating to make sure you are getting the most energy efficient white goods.