

Occupational Therapy – Adult Learning Disability Service

Well-Being Resources

Adaptations

Complete Care Shop



Contact number:
03330 160 000

Online resource:
www.completecareshop.co.uk/

NRS Healthcare



Contact number:
03451218112

Online resource:
www.nrshealthcare.co.uk/prof

Social Work Occupational Therapy



Contact number:
03451 55 15 03

This contact number is for enquiries. If you meet the criteria for this service, Social Work Occupational Therapy may be able to supply physical adaptations such as walking aids, kitchen aids or telecare systems.

Groups

Active Fife



Online resource:
www.fifedirect.org.uk/activefife

Active Fife - Bums of Seat



Online resource:
www.activefife.co.uk/bums-off-seats/

Fife Leisure



Online resource:
www.fifeleisure.org.uk/

Disability Sport Fife



Online resource:
www.fifeleisure.org.uk/sports/disability-sport-fife-scio/

East Fife and Scooniehill riding for the Disabled (SCIO)

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Online resource:
www.scooniehillrda.org.uk/

Fife Cycle Park



Online resource:
<https://cyclepark.fife.scot/>

Helping Hands Leisure Club



Contact number:
01383 850470