


# Exercise Equipment

These are just a few examples of websites that supply the equipment. Please note: prices and delivery charges vary so you are best to have a look around and have a look on the internet.

Therapeutic Putty	
	<ul style="list-style-type: none"><li>• <a href="http://www.amazon.co.uk">www.amazon.co.uk</a></li><li>• <a href="http://www.fledglings.org.uk">www.fledglings.org.uk</a></li></ul>
Thera-Band	
	<ul style="list-style-type: none"><li>• <a href="https://www.welcomemobility.co.uk/">https://www.welcomemobility.co.uk/</a></li><li>• <a href="https://www.physiotherapiststore.com/">https://www.physiotherapiststore.com/</a></li></ul>
Shops that may sell the equipment	
	<ul style="list-style-type: none"><li>• Clark Mobility Services, Forth Street, Leven, KY84PF, 01333 425777</li><li>• Fairprice Mobility Ltd, Carberry PI, Kirkcaldy, KY1 3NQ, 01592 262045</li></ul>